

**Abstract of the Disclosure**

A hinged spreader board of a pre-set length with shaped ends is pivoted open inside a frame to mate with the inside faces of the sides of a frame and maintain the sides apart by the length of the board while attaching the frame to a wall. Additional hinged sections of pre-set lengths allow the spreader board to be opened to various lengths to accommodate frames of different widths. The frame spreader boards fold up for storage.